

## Primary Care Mental Health Conference 2018

'To treat, or not to treat'

April 11<sup>th</sup>, LT2, Southampton General Hospital

Time	Session
09:00 – 10:00	Arrivals, coffee, putting up posters
10:00 – 10:05	Welcome
10:05 – 10:45	<b>Keynote: Professor Carolyn Chew-Graham</b> <b>'To treat or not to treat?' - Co-morbid anxiety and depression in physical conditions.</b> <i>Keele University</i>
10:45 – 12:00	<b>Session 1</b>
10:45 – 11:00	1.1. Reviewing long term anti-Depressant Use by Careful monitoring in Everyday practice (REDUCE) programme. <i>Tony Kendrick*, Emma Maund, Rachel Ryves, Sam Williams, Hannah Bowers, Adam Geraghty, Gerry Leydon, Carl May, Sarah Dawson, Beth Stuart, Mike Moore, Chris Dowrick, Glyn Lewis, Simon Gilbody, Joanna Moncrieff, Gareth Griffiths, Lily Yao, Paul Little.</i> <i>University of Southampton</i>
11:00 – 11:15	1.2. A systematic review of self-harm in older adults. <i>Isabela Troya*, Kay Polidano, Opeyemi Babatunde, Bernadette Bartlam, Carolyn Chew-Graham.</i> <i>Keele University</i>
11:15 – 11:30	1.3. Health and Wellbeing survey: exploring the lifestyle choices of people with severe mental illness. <i>Emily Peckham*, Suzanne Crosland, Paul Heron, Simon Gilbody.</i> <i>University of York</i>
11:30 – 11:45	1.4. Impact of a progressive stepped care approach in an Improving Access to Psychological Therapies service: An observational study. <i>Lisa Boyd*, Emma Baker, Joe Reilly.</i> <i>Tees, Esk and Wear Valley Mental Health Trust</i>
12:00 – 13:30	<b>Extended lunch and poster session</b>
13:30 – 14:15	<b>Keynote: Professor Irwin Nazareth</b> <b>Mental health and pregnancy - to treat or not to treat</b> <i>University College London</i>
14:15 – 15:15	<b>Session 2</b>
14:15 – 14:30	2.1. Enhancing telephone psychological therapy in IAPT: the EQUITY programme grant. <i>Peter Bower*, Penny Bee, Helen Brooks, Karina Lovell, Dean McMillan, Chris Armitage, Simon Gilbody, Peter Jones, David Kessler, Michael Barkham, Paul Drew, Richard Emsley, Linda Davies, Nicky Lidbetter, John Ainsworth, Paul Wilson.</i> <i>University of Manchester</i>
14:30 – 14:45	2.2. The acceptability of a psychosocial intervention delivered by AgeUK Support Workers to older adults with anxiety and depression: a qualitative analysis. <i>Heather Burroughs, Bernadette Bartlam, Tom Kingstone*, Peter Bullock, Karina Lovell, Peter Bower, Simon Gilbody, Peter Bower, Waquas Waheed, Elaine Nicholls, Carolyn Chew-Graham.</i> <i>Keele University</i>
14:45 – 15:00	2.3. Getting Past the Gatekeeper: Using The Trials Within Cohorts (TWiCS) Design to Give Severe Mental Ill Health Patients Health Research Autonomy. <i>Paul Heron*, Emily Peckham, Suzanne Crosland, Simon Gilbody.</i> <i>University of York</i>

15:00 – 15:15	2.4. Sub-threshold depression in people with long-term conditions - is the pharmacy a setting to offer an intervention? A qualitative study. <i>Charlotte Kitchen, Liz Littlewood, David Ekers, Carolyn-Chew-Graham.</i> <i>Keele University</i>
15:15 – 16:00	<b>Closing remarks and close – Coffee, networking.</b>

## Posters

	Title
<b>P1</b>	Reshaping the landscape between commissioning, provision and quality monitoring: Impact of an Accountable Care Partnership model on complex packages of care. <i>Lisa Boyd*.</i> <i>Tees, Esk and Wear Valley Mental Health Trust</i>
<b>P2</b>	Is Active Monitoring for depression acceptable? Preliminary findings from a qualitative evaluation of the Oldham IAPT Plus Service. <i>Amy Blakemore*, Christine Molloy, Jason Bromley, Karina Lovell.</i> <i>University of Manchester</i>
<b>P3</b>	User testing methods to improve readability and understanding of participant information sheet for ethnic minorities in research. <i>Yumna Masood*, Peter Bower, Waquas Waheed .</i> <i>Univeristy of Manchester</i>
<b>P4</b>	Managing distress in older adults: what support do older adults want? A qualitative study. <i>Alice Moul*, Heather Burroughs, Tom Kingstone, Carolyn Chew-Graham.</i> <i>Keele University</i>
<b>P5</b>	Exploring General Practitioners' perceptions of boundaries between depressive disorder and emotional distress. <i>Adam Geraghty*, Charlie Beavis, Miriam Santer, Samantha Williams, Tony Kendrick, Berend Terluin, Paul little, Michael Moore.</i> <i>University of Southampton</i>
<b>P6</b>	Using psychological interventions to improve quality of life in asthma patients with anxiety. <i>Ben Ainsworth*, Mike Thomas.</i> <i>University of Southampton</i>
<b>P7</b>	The Impact of Psychological and Health Factors on Quality of Life in Adults with Asthma: a Systematic Review and Narrative Synthesis. <i>Sabina Stanescu*, Sarah Kirby, Ben Ainsworth.</i> <i>University of Southampton</i>
<b>P8</b>	Exploring patient beliefs, attitudes, and behavioural intentions towards long-term depression management in primary care. <i>Rachel Ryves*, Ingrid Muller, Felicity Bishop, Adam Geraghty, Tony Kendrick.</i> <i>University of Southampton</i>
<b>P9</b>	How acceptable is a Culturally adapted Manual Assisted Problem solving (C-MAP) intervention for Self-Harm? A qualitative study. <i>Nasim Chaudhry, Carolyn A. Chew-Graham*, Tayebba Kiran, Sehrish Tofique, Sana Farooque, Anna K Taylor, Nusrat Husain, Penny Bee.</i> <i>Keele University</i>
<b>P10</b>	The content and delivery of training for non-traditional providers task-shifting psychological interventions for common mental disorders: Preliminary findings of a systematic review. <i>Ujala Shahmalak*, Amy Blakemore, Waquas Waheed.</i> <i>University of Manchester</i>